

In addition to the [resources](#) on this website, here is a list of organizations, offices, and groups who may be able to help you through tough economic changes. As always, please call us (800-964-4699) if you are having trouble with any federal agency, if you are facing foreclosure, or need other urgent help.

### Health Care

Neighborhood Health Association: 419-255-7883

- Provides health care on a sliding scale fee basis including family practice, OB/GYN, dental care, WIC program, nutrition counseling, pharmacy, lab, x-ray, podiatry, health education services and other care in ten sites throughout Lucas County.

Toledo-Lucas County Health Department: 419-213-4100

- Provides care on a sliding scale fee basis including immunizations and children's health programs, WIC program, prenatal care, and health promotions.

Lorain County Health Department: 440-322-6367

- Provides basic health care on a sliding scale fee basis including immunizations, and health education services.

Erie County Health Department: 419-626-5623

- Provides basic health care on a sliding scale fee basis including immunizations, WIC, hearing clinic, home health, and senior citizen counseling services.

Ottawa County Health Department: 419-734-6800; 1-800-788-8803

- Provides care on a sliding scale fee basis including immunizations, nursing services, well family care, and health education services.

The Sight Center: 1-800-624-8378

- Provides eye examinations, eyeglasses, and eye medical services for children and adults with financial need.

Medicaid is a health insurance program for children and older adults depending on income. Contact your county Department of Job & Family Services to apply:

- Lorain County.....440-284-4500

- Lucas County.....419-213-8999

- Ottawa County.....419-898-3688

- Erie County.....419-626-6781

The VA Outpatient Clinic provides to eligible veterans primary health care and prescriptions and access to specialty care and hospitalization through the VA health system. For information call the clinic at 419-259-2000 or VA Hotline, 1-800-827-1000.

NWO Dental Center: 419-241-1641

- Provides basic dental care and examinations on a sliding scale fee basis

### **Food**

The Federal Food Stamp Program provides assistance with food purchases depending on income. To apply, contact your local Department of Job & Family Services:

- Lorain County.....440-284-4500
- Lucas County.....419-213-8999
- Ottawa County.....419-898-3688
- Erie County.....419-626-6781

Feed Your Neighbor is an emergency food program sponsored by churches. You may contact your own clergy or First Call for Help at:

- Lucas County.....419-246-4636
- Lorain County.....1-800-499-8817
- Ottawa County.....1-800-650-4357
- Erie County.....419-625-4672

Congregate Meals are served at a number of sites throughout Northern Ohio. For the site nearest you, contact your county's First Call for Help at the number noted above.

### **Legal Assistance**

Legal Services of Northwest Ohio 419-724-0460

- Offers legal assistance at no cost to residents of Lucas and Ottawa Counties Legal Aid of Cleveland: 1-800-444-7348
- Offers legal assistance at no cost to residents of Lorain County Erie County Legal Aid: 419-627-6620
- Offers legal assistance on a cost-sharing basis to residents of Erie County Ask the Attorney: 419-255-2255
- Free call-in for legal advice from attorneys each Thursday, 5:30p.m.-7:30p.m. Law Tuesday is offered through Family Services of NWO. Call 419-321-6455 for schedule.

### **Specifically for Senior Citizens**

Area Office on Aging of Northwest Ohio: 419-382-0624

- Provides information and services funded through the Older Americans Act including senior centers, nutrition programs, congregate meal sites, health programs, employment programs, volunteer opportunities and in home care to residents age 60 and older as well as other senior services in the eleven counties of Northwest Ohio.

Long Term Care Ombudsperson: 1-800-282-1206

- investigates complaints against nursing homes

Ohio Energy Credits is a discount program to aid eligible seniors in paying their utility bills. You may contact your local utility company to apply.

Homestead Exemption is available to many people over age 65 who own their own home to give property tax relief. To apply, call your county Auditor:

- Lorain County.....440-244-2237

- Lucas County.....419-213-4336

- Ottawa County.....419-734-6740

- Erie County.....419-627-7746

### **Utilities**

The HEAP program is a federally funded program providing assistance with winter fuel bills from November through March and sometimes summer electric bills depending on extreme and consistent heat. Lucas County residents may contact 419-241-2213 to apply, Erie County residents may contact 1-419-625-2218, Ottawa County residents may call 1-800-775-9767, and Lorain County residents may call 440-245-2009.

### **Foreclosure**

Ohio Housing Finance Agency: 1-888-362-6432

- Offers a variety of services to homeowners, and is a primary source of information on help when facing foreclosure.

Fair Housing Center: 419-243-6163

- Assistance to victims of predatory lending in Lucas County

Legal Aid: 1-888-534-1432

- Assistance to victims of predatory lending in Erie County

Consumer Credit Counseling Services of NW Ohio: 1-800-355-2227

- Provides assistance in working with creditors and may be helpful in addressing debt

The Earned Income Tax Credit (EITC) may be available to working families with earned

income. Call 211 for information on how to claim this credit on your income tax return.

If none of the above programs meet your needs there still may be help available to you for assistance with health, children, housing, and other local assistance programs. For complete information about what is available in your area, please call 211 or the following:

- Erie County: United Way of Erie County.....419-625-4672
- Lucas County: First Call For Help.....419-244-3728
- Ottawa County: WSOS.....1-800-775-9767
- Lorain County: Lorain Co Community Action Agency.....440-245-2009